

Riis Park Striders Results

November 18, 2017 Rainy and Cold

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|------------------|--------------------|-------|-------------|
| 1.2 Mile | 1. Brian Sheridan | 8:23 | 1st M 50-55 |
| | 2. Glenn Fink | 9:48 | 2nd M 50-59 |
| | 3. Ian Sheridan | 10:04 | 1st M 13-19 |
| | 4. Jamie Nolan | 10:41 | 1st M 5-9 |
| | 5. Mike Vlasak | 12:37 | 1st M 60+ |
| | 6. Sheila Sheridan | 14:37 | 1st F 40-49 |
| | 7. Aiofis Nolan | 14:37 | 1st F 5-9 |
| | 8. Eileen Ferguson | 16:29 | 1st F 60+ |
| | 9. Noreen Sheridan | 18:04 | 1st F 50-59 |
| | 10. Edie Sheridan | 18:04 | 2nd F 5-9 |
| | 11. Dave Cameron | 18:49 | 3rd M 50-59 |
| | 12. Felix Coleman | 18:49 | 4th M 50-59 |
| | 13. Si Jayne | 24:08 | 2nd M 60+ |
| 2.4 Miles | 1. Paul Angarone | 18:50 | 1st M 60+ |
| | 2. Bob Chadwick | 23:04 | 2nd M 60+ |
| 3.6 Miles | 1. Ian Cameron | 30:24 | 1st M 13-19 |

Another cold and rainy Saturday forced the Striders to run on the outside course. Brian Sheridan brought the extended family to Riis for a pre-Thanksgiving Day run on a day not fit for man or beast. Renee Phillips was too sore from Friday night volleyball to run so she took over as meet director and did a great job under adverse conditions. Ian Cameron ran a fast race leading all the way and said he was just warming up for karate practice that afternoon. Post-race party was at the Sheridan home - lots of food, mimosas, and tall tales. A great time.

Today (November 25th) In History Quiz

1758 - During the French and Indian War, the British captured Fort Duquesne at what is now known as this major city

1867 - Alfred Nobel patented this.

1941 - He became the Cleveland Indians player/manager.

1952 - They became the only NFL team to fold after going 1-11 in their only season

1957 - This US President suffered a stroke.

1976 - This Buffalo Bill ran for 273 yards against the Detroit Lions

1981 - He became the 1st relief pitcher to win AL MVP