Riis Park Striders Results

October 16 Sunny With A Cold Wind

1 Mile	1. Christopher Lentino	10:22	1st M 5-11
	2. Felix Coleman	15:05	1st M 60-69
	3. Joseph Lentino	16:11	2nd M 5-11
	4. Jamie Lentino	16:19	1st F 40-49
2 Miles	1. Mike Fleishhacker	16:19	1st M 50-59
	2. Ken Dietz	32:02	1st M 70-74
4 Miles	1. Joe Lentino	34:08	1st M 40-49
	2. Brian Sheridan	34:09	1st M 50-59
	3. Bob Chadwick	54:02	1st M 80-89

Bitter cold wind sent shivers through everyone. Joe and Brian put on a great race as they battled neck to neck the whole 4 miles. Joe also posted a 4:38 mile at a race last week.

Today (October 23rd) In History Quiz

1956 - This country staged an uprising against the Soviet Union which was eventually squashed.

1963 - He replaces Ralph Houk as the new manager of the NY Yankees.

1964 - This future heavyweight boxing champion wins the gold medal in the Tokyo Olympics.

1974 - The Chicago Cubs trade this 6 time All Star to the Oakland A's for Manny Trillo and 2 pitchers.

1977 - He defends his NYC marathon championship with a 2:11:38 win.

1983 - She takes the 13th NYC marathon women's championship with a 2:27:00 win .

1984 - This Chicago pitcher is selected as a unanimous choice as NL Cy Young