

Riis Park Striders Results

August 28, 2021 Hot and Humid

1 Mile	1. Marian Gorski	10:24	1st M 60-69
	2. Bob Chadwick	13:05	1st M 80-89
	3. Ken Dietz	14:21	1st M 70-79
	4. Felix Coleman	19:40	1st M 60-69

The hottest day of the year brought one of the lowest turnouts in Strider history. Good to see Glen Kuck visit the Striders after a long absence. Brian Sheridan ran Bill Thom's Terra Sans Pave 8 hr run in the Linne Forest Preserves. He finished 4th running 39.86 miles in the 8 hr time. That was a 12.03 pace and he wound up burning 5,538 calories! Also, congratulations to Joe Lentino on his Chicago Triathlon finish--3:06:31 (31.9 miles total) on a very warm and humid day.

Today (September 4th) In History Quiz

1920 - He wins the 1 5/8-mile race at Belmont Park by 100 lengths, the largest winning margin in modern thoroughbred racing history; world record time 2.40.8.

1922 - He runs a 2000m world record 5:26.3 in Tampere, Finland.

1953 - They became the first baseball team to win five consecutive American League championships..

1993 - This one handed pitcher threw a no hitter for the NY Yankees,

2002 - This team won their AL-record 20th straight game