Riis Park Striders Results

May 4, 2019 Sunny and Nice

1.2 Miles	Arnold Lo Tomas Burkovic	8:12 13:00	1st M 30-39 1st M 14-19
	3. Mike Vlasak	13:17	1st M 60+
	4. Eileen Ferguson	16:01	1st F 60+
	5. Felix Coleman	21:00	1st M 50-59
	6. Mark Blaszczyk	22:06	2nd M 60+
	7. Si Jayne	29:04	1st M 70+
2.4 Miles	1. Mike Fleischhacker	17:14	1st M 50-59
4.8 Miles	 Agnes Burkovic Brian Sheridan 	37:57 37:58	1st F 30-39 1st M 50-59

Great day to run but the recent rains flooded the park and the Striders had to race on the outside. Eileen Ferguson and Kurt Lauer joined the Striders for 2019.

Cheryl Benson showed up late, but did a lap around the park. She is having knee problems. Laura layers who ran a womens course record for 7 miles last week in heavy

problems. Laura Jayne, who ran a womens course record for 7 miles last week in heavy rain, is training for a 50K race. Long-time Riis Park Strider Bruce Svoboda is moving to North Carolina.

Today (May 11th) In History Quiz

- **1573** Henry of Anjou became the first elected king of this European country.
- **1858** This territory was admitted as the 32nd U.S. state.
- 1910 Glacier National Park in this state was established.
- **1947** The creation of the tubeless tire was announced by this company
- 1949 Siam changed its name to this.
- **1960 -** Israeli soldiers captured this Nazi in Buenos Aires