Riis Park Striders Results

June 15, 2019 Warm and Sunny

1 Mile	 Ken Dietz Mark Blaszczyk Howard Von Wedelstaedt Si Jayne 	15:56 15:59 19:00 20:53	1st M70+ 1st M 60+ 2nd M 60+ 2nd M 70+
1.2 Miles	1. Felix Coleman	21:08	1st M 60+
3 Miles	 Mike Fleischhacker Bob Chadwick 	23:31 37:11	1st M 50-59 1st M 70+
5 Miles	 Brian Sheridan Paul Angarone 	41:47 41:52	1st M 50-59 1st M 60+

The course was barely runnable with tire ruts, long grass clippings and mud holes along the way. Paul Angarone ran a very good 5 miles considering he has a dislocated shoulder which will need operating on. Paul Hendrickson is recovering from knee surgery. Mark Blaszczyk celebrated his 65th birthday by bringing bakery goods for all to enjoy. Diane Blaszczyk is going into her final week of teaching before retiring. Paul and Sylvia Angarone became grandparents again as their daughter Elizabeth delivered a boy--Anthony Joseph III. Bill and Michelle Thom joined the Striders for 2019. Ken Dietz went down to Tennessee to visit Renee Phillips' new digs. On June 9th Jose Vargas (19:01-1st age group); Luis Gomez (23:50 - 3rd age group); Bob Chadwick (32:24 - 1st age group) and Mike Vlasak (39:16) participated in the River Grove FOP 5K.

Today (June 22nd) In History Quiz

- **1937 -** He knocks out Jim Braddock in the eighth round at Chicago's Comiskey Park to win the world heavyweight title,
- **1947-** This Cincinnati Red missed a back to back no hitter when he gave up a single with one out in the 9th inning.
- **1994** This Seattle Mariner hit his 31st HR breaking Babe Ruth's record for most HR by the end of June.
- **2007** He was the first pick of the NHL draft, taken by the Chicago Blackhawks.