

Riis Park Striders Results

July 13, 2019 Hot and breezy

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|------------------|----------------------|-------|-------------|
| 1 Mile | 1. Brian Sheridan | 7:15 | 1st M 50-59 |
| | 2. Ken Dietz | 13:01 | 1st M70+ |
| | 3. Renee Phillips | 19:08 | 1st F 50-59 |
| | Mark Blaszczyk | 19:08 | 1st M 60+ |
| | 5. Si Jayne | 23:32 | 2nd M 70+ |
| 1.2 Miles | 1. Felix Coleman | 21:29 | 1st M 60+ |
| 3 Miles | 1 Mike Fleischhacker | 22:32 | 1st M 50-59 |
| | 2. Paul Angarone | 23:44 | 1st M 60+ |
| | 3. Bob Chadwick | 36:34 | 1st M 70+ |

Hot day--no one wanted to run the long distance. Renee Phillips made a 13 hour drive to come back to Chicago and see Riis Park. Mark Blaszczyk returned from Europe in fine shape even though it took almost 60 hours due to flight delays. Brian Sheridan ran the Bears 5K Race in 24:00 with his football helmet on and then came to Riis to win the 1 mile run. Next Saturday, July 20th, is the 1st Annual Hector Rios Memorial Run--special prizes!

Today (July 20th) In History Quiz

1801 - A 1,235 pound cheese ball was pressed at the farm of Elisha Brown, Jr. The ball of cheese was later loaded on a horse-driven wagon and presented to this U.S. President at the White House.

1861- The Congress of the Confederate States began holding sessions in this confederate capital city.

1881 - This Sioux Indian leader, a fugitive since the Battle of the Little Big Horn, surrendered to federal troops.

1944 - U.S. President Roosevelt was nominated for an unprecedented fourth term of office at the Democratic National Convention in this city.

1947 - The National Football League (NFL) ruled that no professional team could sign a player who had this remaining.