

RIIS PARK 4TH OF JULY TRACK MEET 2020

Hot and Sunny

1 Mile	Ken Schuch	5:50
	Adrian Gorski	6:07
	Mike Fleischhacker	6:45
	Brian Sheridan	6:50
	Michelle Thom	6:58
	Paul Angarone	6:58
	Joe Lentino	7:27
	Bill Thom	7:35
	Bob Chadwick	10:15
	Ken Dietz	11:38
	Chris Lentino	13:57
	Ethan Blaszczyk	15:51
	Dan Blaszczyk	15:51
	Felix Coleman	18:12
Matt Schuch	18:12	

4 Lap Relay	Mike Fleischhacker		Chris and Joe Lentino
	Adrian Gorski		Brian Sheridan
	Paul Angarone		Dan Blaszczyk
	Bob Chadwick	5:05	Ken Schuch

Shot Put	Dan Blaszczyk	33'0"
	Brian Sheridan	21'10"
	Ken Schuch	18'10"
	Joe Lentino	17'6"
	Paul Angarone	17'2"
	Sylvia Angarone	13'7" (8 lb)
	Ethan Blaszczyk	10'8" (6lb)

Very warm day but nice turn out. Thanks to all who came out to run and to those who brought food and refreshments. This year we saw the most exciting relay finish in Strider history. After being down almost a half a lap Team Schuch closed the gap but with a final kick by Team Chadwick lost by 1 second. All mile participants will receive 2 Road Warrior Pts. each for their efforts.