

Riis Park Striders Results

October 26, 2019 Crisp, breezy, Overcast

1 Mile	1. Arnold Lo	7:58	1st M 30-39
	2. Ken Dietz	13:12	2nd M 70+
	3. Mark Blaszczyk	18:21	1st M 60+
	4. Renee Phillips	18:22	1st F 60+
1.2 Miles	1. Felix Coleman	23:??	1st M 60+
3 Miles	1. Mike Fleishhacker	21:57	1st M 50-59
	2. Paul Angarone	22:34	1st M 60+
	3. Agnes Burkevic	22:54	1st F 30-39
	4. Ken Schuch	23:29	2nd M 50-59
7 Miles	1. Brian Sheridan	58:50	1st M 50-59

Mike Fleischhacker has been running his best times of the year this month. Ken Schuch is recovering from injuries due to over-training - he was 2nd in his age group on the CARA Circuit and beat the 1st place guy 4 times during the year, but ran fewer races to lose out on total points. Ken also ran/walked the Marathon in just over 5 hours despite a sore ankle. Renee Phillips came back from Tennessee to run/breakfast with the Striders. Sylvia & Paul Angarone brought out 2 boxes of donuts to celebrate Sylvia's birthday - the Striders could not eat them all - getting old.

Today (November 2nd) In History Quiz

1889- They were admitted into the union as the 39th and 40th states.

1895- The first gasoline powered car contest took place in America in this city.

1947 - He flew his "Spruce Goose" plane for its first and only flight.

1948 - He lost to Harry Truman for the US Presidency inspite of the Chicago Tribune declaring him the winner in its banner headline.

1983- He signed a bill establishing a federal holiday on the third Monday of January in honor of civil rights leader Dr. Martin Luther King Jr..

1992 - He retired from the NBA for the 2nd time because of his HIV infection.